



The Tarheel Talker

Newsletter of District 37 Toastmasters Summer 2008

TLIs Scheduled for June

The summer Toastmasters Leadership Institute training is scheduled for June 14th and June 28th and all newly elected District and Club officers for 2008-2009 are encouraged to attend. Training programs will be targeted for each of the Club officer positions and a minimum of 4 Club officers need to be trained to help qualify for the DCP credit. The two TLI are set up in Raleigh and Charlotte.

Saturday, June 14, 2008

**Wake Technical Community College
9101 Fayetteville Road
Raleigh, North Carolina 27603
<http://maincampus.waketech.edu/>**

Saturday, June 28, 2008

**Myers Park United Methodist Church
1501 Queens Road
Charlotte, North Carolina 28207
<http://www.mpumc.org/mpumc/home>**

The TLI registration will start at 8:00am at each location and a \$10 registration fee will be collected during the registration. A registration form is included in this newsletter on page 3 or you can register on-line at www.ncbiomedassoc.com/lti_form.htm.

Payments by check can be mailed to the address shown on the form, but cash can only be collected at the TLI registration desk. We will be accepting credit card payments at the TLI or in advance by calling your card info in to Glenn Scales for the Raleigh TLI or Margery Gates for the Charlotte TLI.

- **Glenn Scales** **919-522-5964**
- **Margery Gates** **919-740-2897**

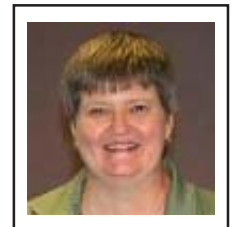
2008-2009 Leadership Team Elected

At the Spring Conference last month in Winston-Salem, the top three District leaders were elected at the business meeting. During the past few weeks all three have been working to fill in the remaining District Leadership roles. Please note that some offices have yet to be filled. This may very well be the opportunity you've been waiting for to enhance your leadership and mentoring skills. Please contact the appropriate officer if you can help fill any open position. The District Leaders and Chairs for 2008-2009 are:



District Governor,
Charles Harvey

Lt. Governor for
Education and
Training: Deb Lee



Lt. Governor for
Marketing: Sharon A.
Hill

Education Chair: Peggy Beach

DCP Chair: Deb Lee to appoint

New Clubs Chair: Open—Sharon A. Hill to appoint

Club Coach Chair: Open— Sharon A. Hill to appoint

Member Values Marketing Chair: Nancy Gustafson

Calendar of Events

- June 14 TLI-East - Wake Technical College, Raleigh
- June 20 & 21 Region VIII Conference
- June 28 TLI-West - Myers Park United Methodist Church, Charlotte
- June 30 Deadline for submitting officers listings to TI
- Aug. 13-16..... 77th Annual International Convention, Calgary, Alberta, Canada
- Nov. 7-9..... District 37 Fall Conference, Hilton Hotel in Research Triangle Park, NC

2007-08 District Leadership

- District Governor Pam Christopher, DTM foothills@yadtel.net
- Lt. Gov., Education & Training Charles Harvey, DTM charles.harvey@bcbsnc.com
- Lt. Gov., Marketing Deb Lee, DTM d37lgm@earthlink.net
- Past District Gov. Mike Kesselring, DTM mikess@dnet.net
- Public Relations Officer Sindy Martin, DTM dtmsindy@aol.com
- Newsletter Editor Glenn Scales, CTM, CL glenn.scales@duke.edu
- District Secretary Bill Szatmary bszatmary@carolina.rr.com
- District Treasurer Bob Janka BobJanka_TM@nc.rr.com

The Courage to Grow and Lead!

We all have grown in communication and leadership skills in our local Toastmasters Clubs. We have grown in ways that even we could not have imagined or predicted:—we’ve grown in our ability to:

- to communicate ideas clearly and confidently
- to persuade and convince others

We’ve Grown in our Ability to Lead:

- improving our group leadership skills
- learning to listen and work effectively as a team

All of these are benefits of becoming Toastmasters—and the reasons why we joined, so, it is fitting that our theme for the Toastmasters year 2008-2009 is titled the Courage to Grow and Lead!

I am honored to accept the office of District Governor. I take this gavel—a symbol of our organization and move into leadership with your help and desire to reach our stated goals. I’ve learned throughout my Toastmasters career and during a short stint at Harvard’s Executive Ed program that you **can only lead through people**—not make all decisions or have all the answers. It is not my vision—**it is our vision**—to excel in communication and leadership as a District.

This year we have experienced the joys of working as a team—and as a result of our efforts we have reached a goal that has been close but out of reach for four long years—that goal is achieving Distinguished District—currently #9 in the world. How did we do it—we did it as a team—all parts working together to make a whole.

For our Toastmasters year-2008-2009, I ask for your support and courage to Grow and Lead with me! District 37 Toastmasters! Let’s continue our courage of growing and leading!

Best, Charles

Notes From the District Treasurer

1. A reminder to ALL clubs that the IRS needed their e-Postcard by 15 May. IRS Form 990N ePostcard for Clubs can be found at http://www.toastmasters.org/irs_990n.aspx
2. A reminder to DEC members to send their reimbursement requests for approval by our current District Governor, Pam Christopher, no later than July 1st. (Any purchases ON or AFTER July 1, 2008 go to DG-elect Charles Harvey).
3. A link to TI's "Tax Deductions" for Toastmasters who attended the District Conference on behalf of the District and/or their Club. <http://www.toastmasters.org/NonNavigableDocs/TaxDeductionsUSA.aspx>



District Leadership Team (continued from Pg. 1)

Membership Chair: Chuck Blethen

Immediate past District Governor: Pam Christopher

Public Relations Officer: Naomi Takeuchi

District Treasurer: Open

Past District Governor Chair: Pam Christopher

Communications Chair: Glenn Scales (responsible for Web Publishers, Tarheel Talker and registrations)

- Web Publisher(s): Glenn to appoint
- Registration chair—Glenn to appoint
- Tarheel Talker Printer/Mailer: Steve Rosenberg

District Secretary: Jean Robor

District Chief Judge: Rick Reece

Speakers Bureau Chairs: Open—will appoint East and West co-chairs

Nominating Chair: Jim Rhine

Audit Chair: Open

Realignment Chair: Barney Barnum, Assistant: Glenda Teams

Credentials Chairs: Tom Loughlin and co-Chair: Winston Sanford

District Parliamentarian: Open

Youth Leadership/Gavel Clubs: Ron Bower

Book Store: Pete Breidenbach, Co-manager, Open on second co-manager

District Historian Co-chairs: Larry Brown and Patricia Tierney

- Archivist: Mike Kesselring

District Sergeant At Arms: Cain Leonard and assistants:

- Glenda Teams – West
- Pam Moore – East

Continued on Pg. 4

Division Governors:

Div. A	Ron Kirkland
Div. B	Pam Moore
Div. C	Bryan Walsh
Div. D	Angkana Bode
Div. E	Kinberly Langley
Div. F	OPEN
Div. G	Al Minter



Distinguished Clubs By Division (as of June 1st)

Division A	3 Distinguished, 2 Select
Division B	1 Distinguished, 4 Presidential
Division C	3 Distinguished, 2 Select, 2 Presidential
Division D	1 Distinguished, 3 Select, 2 Presidential
Division E	8 Distinguished, 2 Select, 2 Presidential
Division F	1 Distinguished, 1 Select
Division G	2 Distinguished, 3 Select, 2 Presidential



Toastmasters Fall Conference

"Constructing Your Future"

Hilton Hotel at Research Triangle Park
November 7-9, 2008

Program Highlights:

- Humorous Speech & Evaluation Contests
- Toastmasters Bookstore
- Educational Programs

For Details Please Contact Program Co-Chairs:

- Gail Barker at 919-501-9592 [days] or risingmoon@mindspring.com
- Glenn Scales at 919-522-5964 or glennscales@mindspring.com



CAUTION CONSTRUCTION

CAUTION CONSTRUCTION

District 37

Summer 2008 TLI

Registration Form

Please Print

Name			
Address			
City		State	Zip
Phone	E-Mail		
Club Name		Club #	

Please Check Your Club Office Position (check all that apply)

First Club

- President
 VP Education
 VP Membership
 VP Public Relations
 Treasurer
 Secretary
 Sgt of Arms

Second Club (if any)

- President
 VP Education
 VP Membership
 VP Public Relations
 Treasurer
 Secretary
 Sgt of Arms

Please Check Your District Office Position (check all that apply)

- District Governor
 Lt. Governor Education and Training
 Lt. Governor Marketing
 Division Governor
 Area Governor
 District Treasurer
 District Secretary
 District PRO
 I am not a Club or District Officer

I am attending the East TLI on June 14, 2008

Wake Tech Community College
 9101 Fayetteville Road
 Raleigh, North Carolina 27603
 Student Services Conference Area, rooms 215 & 214

I am attending the West TLI on June 28, 2008

Myers Park United Methodist Church
 1501 Queens Road
 Charlotte, North Carolina 28207

\$10.⁰⁰ Registration Fee — Payment Options

Credit / Debit Card	<input type="checkbox"/> Visa	<input type="checkbox"/> Master Card	<input type="checkbox"/> Pay at Door
Card No. _____	Security Code _____		
Name on Card: _____	Exp. Date: _____		
Signature: _____			

<input type="checkbox"/> Check Make checks payable to District 37 Toastmasters	Check # _____
Mail to: Glenn Scales 8700 Kenilworth Dr., Raleigh, NC 27613	C: 919-522-5964 H: 919 848-1720

Mitchell Vann Wins District 37 International Speech



Mitchell Vann has been a member of Duke Toastmasters in Durham, NC since joining February 1, 2007. Mitchell is the current Secretary of Duke Toastmasters and will assume the office of President for the 2008-2009 term. He is currently working on his Competent Communicator and Competent Leadership tracks and expects to complete both within the next 6 months.

Mitchell won the 2008 Duke Toastmasters Club, Area 42, and Division D International Speech contests with the speech, “Born Again” and is currently preparing a speech entitled “New Beginnings” for the Region VIII International Speech Contest in Atlanta, GA later this month.

Mitchell currently lives in Durham, North Carolina and grew up in Gates County in eastern North Carolina. He attended Gates County High School and UNC-Chapel Hill, graduating UNC-CH in the spring of 1983 with a BA in Broadcast Journalism. Mitchell served in the United States Navy

from 1986 to 1992, serving in Operation Desert Storm as an Engineering Officer. He is employed as the Director of Facility Operations for the Duke University School of Nursing. His hobbies include gardening, architecture, and travel.

Gastonia Resident Wins North Carolina Best Impromptu Speaker

It was the North Carolina State Championship of impromptu speaking for Toastmasters international. Out of approximately 300 initial contestants, Gastonia resident, Kevin F. Spalding was chosen as the best “Table Topics” speaker. Spalding had to win four lower level competitions to make it to be one of the six finalists in this weekend’s competition.

Having absolutely no idea of what would be asked, each contestant was told, “Mediocrity can be defined not as setting goals too high and not reaching them, but

rather as setting them too low and reaching them. What does mediocrity mean to you?” Contestants then had one to two minutes to respond. Spalding’s answer focused on not wanting to being mediocre as parent and related a recent story about a vacation with his children in Florida.

The speech contest was held during the North Carolina Toastmasters International’s District 37 Spring Convention in Winston-Salem May 16-17th.

Kevin Spalding is a business coach, speaker and trainer. He is president of Alignment Dynamics, Inc. in Gastonia. He is a member of the Gastonia Toastmasters that meets each Thursday morning at 7:00 AM at the Lutheran Chapel on New Hope Road in Gastonia. He can be reached at (704)675-5661 or his website: <http://www.bzcoach.com>.



Year-End Announcements and Deadlines

Start your year off right! Submit Club officer lists before June 30th (DCP Goal)

As soon as your club has elected its new officers, report their names and contact information to World Headquarters online. Log in as a club officer and use your club's password to assign, change or add club officers. Current club officers can retrieve a lost club password by sending an e-mail to lostpassword@toastmasters.org. Please include your name, position, club number and district number.

If your club is not able to submit its officer list online, you can print the Club and Officer Information Form (PDF). If you use the printed form, be sure to type or print all information including your club's name, club and district numbers, contact phone number, frequency of meeting, meeting day, meeting time, meeting place and club type. List all club officers, giving their phone numbers and e-mail addresses.

Deadlines:



Clubs electing officers annually:

Online submission: 12:00 midnight, June 30

Fax submission: 12:00 midnight, June 30

Regular mail submission: postmarked June 30 and received @ WHQ by July 7

Clubs electing officers semiannually:

Online submission: 12:00 midnight, June 30 and December 31

Fax submission: 12:00 midnight, June 30 and December 31

Regular mail submission: postmarked June 30 and December 31 and received @ WHQ by July 7 and January 7

Web References for Toastmasters

Sindy Martin, the District Public Relations Officer suggested the following web site for great educational references for Toastmasters. Be sure to check the additional Tips by clicking the page numbers at the bottom of the page.

<http://www.toastmasters-d18.org/04-DA-01-The%20Seven%20Habits%20of%20Highly%20Effective%20Evaluators.htm>

This same District 18 web site also has some excellent tri-fold Pocket cards and Goal Cards that can be downloaded and printed. Cards are available for

- ◆ Competent Communicator
- ◆ Advanced Communicator
- ◆ Distinguished Club Plan
- ◆ Competent Leader
- ◆ Advanced Leader

Requirements for Competent Communicator (CC)

To qualify for Competent Communicator (CC) recognition, a Toastmaster must complete the following 10 objectives:

Project/Task Item	Item Completed
<input type="checkbox"/> The Ice Breaker	_____
<input type="checkbox"/> Organize Your Speech	_____
<input type="checkbox"/> Get to the Point	_____
<input type="checkbox"/> Slow to Say It	_____
<input type="checkbox"/> Your Body Speaks	_____
<input type="checkbox"/> Visual Variety	_____
<input type="checkbox"/> Research Your Topic	_____
<input type="checkbox"/> Get Creditable with Visual Aids	_____

Toastmasters International

Distinguished Toastmaster (DTM)

New Member → Advanced Communicator (AC) → Advanced Leader (AL) → Competent Leader (CL) → Distinguished Toastmaster (DTM)

Toastmasters International

A POCKET GUIDE to Competent Communicator (CC)

Earning your CC is just the first step in building communication and leadership skills. Skills that will serve you throughout your lifetime.

The URL for this web site is <http://www.toastmasters-d18.org/00-pocket-guides-goalCards.htm>



District 37 Toastmasters
The Tarheel Talker
173 Foothills Angus Drive
Union Grove, NC 28689
www.toastmasters-nc.org

Non-Profit Org
U.S. Postage
Paid
Raleigh, NC
Permit # 1439

Advanced Clubs in North Carolina

Blue Moon Toastmasters in High Point
1:00pm 1st Saturday - Requires ACB

Speak Easy Toastmasters in Chapel Hill
11:00am, Saturdays - Requires CC

Webcasters Toastmasters in Cary
7:00pm, 2nd Monday - Requires CC

Speech Acrobats in Research Triangle Park
12:00pm, Wednesdays - Requires CC

Advanced Communicators of Charlotte
<http://acc-tm.org/>

Next meeting Saturday, May 30, 9:30 a.m.

Do you get nervous meeting new people?

Sweaty palms, trouble breaking the ice, awkwardness? We'll teach your team techniques for making a positive first impression.

Call today to schedule your group's session!

T: 919 338 2590 W: sharonhillinternational.com

SHARON HILL
international

MarketPlace-Mail.com

Steven Rosenberg
PO Box 97252 ~ Raleigh NC 27624-7252
919.848.4332
info@marketplace-mail.com
www.marketplace-mail.com

1STOP SHOP

Mailing + Addressing + Design + Printing + Lists