

THE TARHEEL TALKER

NEWSLETTER OF THE DISTRICT 37 TOASTMASTERS

WWW.TOASTMASTERS-NC.ORG — SUMMER 2009



Best of the mountains meets District 37 at '09 Fall Conference



incentives are available for early registration (see the attached Fall Conference Registration form). We will hear the top Humorous Speeches from around the District and see how the best Evaluators stack up. Come on to Asheville!

Deb Lee, DTM
District 37 Governor



Plan now to attend the Fall Conference in Asheville on November 6–7 at the Double Tree Hotel. There will be lots of fun activities for everyone and an opportunity to network with your fellow Toastmasters from across the state. Special

Come join the fun at the fall conference

Bring your friends and family to Asheville for the Fall Conference. We have so many things to do and see that you will be amazed and amused at the variety of diversions we have here in the mountains.

We will have the 50/50 hat, the Humorous Speech Contest, the Evaluation Contest, Club Pride baskets and Division Baskets as part of our silent auction (including lots of wonderful items like weekend get-a-ways). We will have nine educational sessions. Friday night will begin with a networking reception—a

new idea to help you get to know your fellow Toastmasters. And please check out our innovative Toastmasters in Transit program.

Lt. Gov., Marketing Bryan Walsh will be hosting the Jay Nodine Asheville Golf Invitational on Friday morning before the conference. Contact Brian at 704.577.8639 for details. Friends of golfers, don't forget about the world class spa at the Grove Park Inn.

Also this year, there will be fun sessions for the other family members to enjoy while the DEC meeting is going on. There will be a wine etiquette session followed by a wine tasting led by our own wine connoisseur, Chuck Blethen. There are trolley rides around historic Asheville, the famous Biltmore Estate with a winery and fantastic restaurants, and lots of microbreweries (Asheville is the fastest growing market for brewing). Be sure to visit the Folk Art Center on the Blue Ridge Parkway (there should still be some great fall color), and we understand the Biltmore House will be turning on the Christmas lights on Friday evening!

For you serious foodies, Asheville is at the center of organic foods and farming. This movement has restaurants galore which boast of "menu items grown by local farmers/producers" with lots of organic choices. At 2100 feet above sea level, Asheville has cleaner air and a generally healthier environment. So come on to the Asheville Mountains and Raise Your Skills to New Heights!

Welcome your new District 37 Officers '09-'10

District Governor
Lt. Gov., Education & Training
Lt. Gov., Marketing
Past District Gov.
Public Relations
District Secretary
District Treasurer

Deb Lee
Sharon Anita Hill
Bryan Walsh
Charles Harvey
Chuck Blethen
Sheila Steplar
Gary Mulherin

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Division A Governor
Division B Governor
Division C Governor
Division D Governor
Division E Governor
Division F Governor
Division G Governor
Division H Governor

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Don Earl
Kenneth N. Miller
Michael Ryan
Patrick Curley
Jeri Darden
Liz Simon
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The Mission of the District: to enhance the performance and extend the network of Clubs, thereby offering greater numbers of people the opportunity to benefit from the Toastmasters educational program by:

1. Focusing on the critical success factors as specified by the district Educational and Membership Goals.
2. Ensuring that each Club effectively fulfills its responsibilities to its members.
3. Providing effective training and leadership for Club and District officers.



Toastmaster District 37 Fall Conference Nov. 6–7, 2009 "Raise Your Skills to New Heights"

Doubletree Biltmore Hotel 115 Hendersonville Rd. Asheville, NC 28803
Located just off I-40 by the entrance to the Biltmore Estate

Name/Guest _____ Phone _____
 Address _____ Email _____
 Home Club Name & No. _____ Additional Clubs _____
 TM Designation (CC, etc.) _____ First Conference? _____
 Current Club Office _____ Current Dist. Office _____ Former Dist. Office _____

Early Bird Special Sept 15 deadline

SAVE \$20! Registration must be paid by all conference attendees. The registration fee covers entrance fee to the convention, contests and education sessions only. \$ 25 _____

SAVE HOTEL COST! Use Toastmasters in Transit program. Stay one or two nights **free** in a Toastmaster's home within 45 minutes of the hotel by registering before Sept. 15.

Contact Rick Fornoff @ 828-273-4539 (r4noff@charter.net) \$ 0 _____

Regular Price (after Sept 15)

Registration must be paid by all attendees. The registration fee covers entrance fee to the convention, the contests and education sessions only. \$ 45 _____

Friday evening conference package:

Cocktail reception with heavy hors d'oeuvres and cash bar, Keynote Speaker Kathleen Morrison and Raffle of Division Baskets..... \$ 20 _____

Saturday luncheon package:

Buffet of soup, salads, veggies, desserts, Guest Speaker: Terry Bellamy, Asheville Mayor..... \$ 20 _____

Saturday evening package:

Tuscan dinner buffet of salads, appetizers, pesto-seared chicken, shrimp/prosciutto orzo, spinach ravioli, veggies & desserts. Keynote Speaker Kathleen Morrison, raffle of Club Pride baskets, 50/50, and Silent Auction \$ 45 _____

All reservations must be made by October 25 and cannot be refunded after that date. Total: \$ _____

Total fees payable to **"Toastmasters District 37"** and mail to:
 Gail Barker, 5112 Elf Court, Wake Forest, NC 27587-6718
 If you wish to pay by credit card, call Gail at: 919.554.1840
 from 9a.m.–10 p.m., or include credit card #, expiration date,
 and 3-digit code from back of card.

Hotel packages, non-smoking (Contact hotel directly--Reservations: 828.274.1800 (tell them you're with Toastmasters)):

- 2 double beds single/double occupancy, one night with breakfast buffet for one or two \$ 122
- " " " " two nights" " " \$ 244
- 2 queen beds triple occupancy, one night with breakfast buffet for three \$ 132
- " " " two nights" " " \$ 264
- 2 queen beds quad occupancy, one night with breakfast buffet for four..... \$ 142
- " " " two nights" " " \$ 284



Meet our Keynote Speaker

Katherine Morrison (left) is a professor of health at Curry College in Milton, Mass. She placed third in the International Speech Contest in 2008 Calgary. Her speech, "Baby Don't Believe Them," recounted her personal journey and emphasized the importance of staying positive among naysayers.

Join us at the Fall Conference, Nov. 6-8 in Asheville, to hear Katherine speak. She will be speaking at the Friday and Saturday evening sessions.

Featured Saturday Night Silent Auction Item

Steeple Chase Weekend for Two

Come enjoy the great outdoors at the running of the Steeple Chase in bucolic Tryon, NC. Entry pass to the Food Court and all the festivities. Overnight accommodations for two. Date early April, 2010

Donated by Ed & Susanna Richardson



We need your help for Fall Conference Committees

Conference Co-Chairs Susan Stewart (828.606.8981 – susanustewart@gmail.com) & Jeannie Blair (828.380.9066 – Jeannie.Blair@Yahoo.com) need your help with the many committees needed to run a successful conference.

Please call them to assist in making this the best conference ever! Individuals who volunteer to chair a conference committee can earn their High Performance Leadership Award.

If you play an instrument or sing, please contact Steve Johnson (828.691.6179 or steve@southernalarm.com) to be part of the Tarheel Talent Show.

Help your club win bookstore items by donating a basket to the Club Pride Auction. Contact Al Beam (919.387.7944 or icebeam3@gmail.com) for details.

See what you missed at the **Region VIII Conference!** Stay tuned to the District 37 website for a collection of great videos to be posted soon.

Edited by: Cat Williams, VP for Public Relations of Blue Ridge Toastmasters Club, Division A, Area 12

Deadline for submissions for the Fall 2009 issue is August 31.

Friday Evening

- 5:00 p.m. Bookstore open
- 5:30-6:00 p.m. Contestant & Judges Briefing
- 6:00-7:00 p.m. Networking/Reception with heavy hors d'oeuvres & cash bar,
- 7:00-8:15 p.m. Evaluation Contest
- 8:30-9:00 p.m. Katherine Morrison (speaker)
- 9:00-? p.m. Tarheel Talent Contest
- 10:00-? p.m. Raffle of Division baskets, contest winners announced
- 10:00-? p.m. Hospitality room open

Saturday

- 8:00-8:30 a.m. Parade of Banners
- 8:30-9:00 a.m. Opening Ceremony
- 9:00-9:50 a.m. Educational Sessions (1, 2 & 3), John Locke-Educational Chair
- 10:00-10:50 a.m. Educational Sessions (4, 5 & 6)
- 11:00-11:50 a.m. Educational Sessions (7, 8 & 9)
- Noon-1:20 p.m. Lunch, C & L Awards, Address by mystery speaker
- 1:30-4:30 p.m. DEC Meeting
- 1:30-2:00 p.m. First-timers Meeting
- 2:00-5:00 p.m. Asheville Motivational Speakers (open to the public)
- 5:00-6:00 p.m. Wine Etiquette & Tasting with Chuck Blethen
- 5:30-6:00 p.m. Contestant & Judges Briefing
- 6:00-7:30 p.m. Humorous Speech Contest
- 7:30-11:00 p.m. Dinner, DTM presentations, contest winners, Katherine Morrison (Keynote speaker), raffle of Club Pride baskets, 50/50 hat, and Silent Auction winners
- 11:00-? p.m. Hospitality room open

Sunday

- 8:00 a.m. Round-table Q&A breakfast with Katherine Morrison

E-resources for Toastmasters in a digital age

By GLENDA CLARE

Last year, to take advantage of the digital age, we started several new ways to get in touch with our members. One of these is the online newsletter or eNews blast' that we send out to announce upcoming activities. If you found that you haven't been receiving the eNews blasts, please check the following:

1) Please check with Toastmasters International regarding the email address that is listed in their database. When they send us the

master list, if there are any typos, there isn't a way for us to check these.

Please ensure that your email address is correct in the system. You can login to the www.toastmasters.org website and login with your member ID.

Click on "My Profile", then "Update Your Contact Information". Review your email address and make sure it is correct. If you cannot log into the system, you can also contact the main office.

2) Please check your organization's mail system to find out if they filter out

emails that may appear to be SPAM. Our District 37 Toastmasters emails come from a master google account that is "district37tm@gmail.com". You may need to allow that email address to send messages to your system in order to get our eNews blasts.

3) Lastly, if you are interested in updates to our Facebook account, simply join the group called "District 37 Toastmasters!" On Facebook, we can post pictures, videos and news to keep you apprised of activities in the District.



Deb Lee, District Governor
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 Iron Station NC 28080-9530

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THE TARHEEL TALKER

Dates to Remember in District 37

August	1	Start of Smedley Membership Drive (5 member increase = Smedley Award)
	31	Last day for club, area and division officer training 1 Year-end audit due to WHQ
	31	Absolute submission deadline for the Fall Edition of the Tarheel Talker
September	1	Start of Club Contests
	28	Start of Area Contests
	30	Last push to charter new clubs by Sept. 30th for Distinguished District points.
	30	End of Smedley Membership Drive to promote membership growth
October	1	Start of Division Contests
	1	October dues renewals due to WHQ for Distinguished Club Program credit
November	6–7	Fall Conference—Double Tree Hotel, Asheville N.C.

Keep up to date with District 37 events at www.toastmasters-nc.org.